

# **Pope John XXIII**

**PATRON OF WEIGHT LOSS**



**GOD OUR CREATOR FASHIONED EACH OF US  
BODY, MIND AND SOUL.  
TO CARE FOR EVERY PART OF US  
SHOULD BE OUR LIFE-LONG GOAL.**

**WITH OUR BUSY, HECTIC SCHEDULES  
WE EAT FAST FOOD ON THE RUN  
AND DON'T HAVE TIME TO FACTOR IN  
EXERCISE AND OUTDOOR FUN.**

**WHISPER A PRAYER TO JESUS  
WHEN YOU CRAVE AN EXTRA SWEET,  
AND TAKE ALONG YOUR ROSARY  
WHEN YOU'RE JOGGING DOWN THE STREET.**

**POPE JOHN XXIII, PRAY FOR US!  
YOU STRUGGLED WITH YOUR WEIGHT.  
UNTIL SOMEDAY WE JOIN YOU  
AT HEAVEN'S WELCOMING GATE.**

Courtesy of [www.CourtReportersMuseum.Info/weight\\_loss.htm](http://www.CourtReportersMuseum.Info/weight_loss.htm)