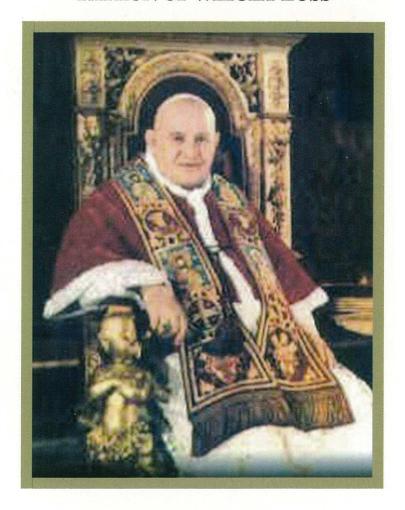
Pope John XXIII

PATRON OF WEIGHT LOSS



GOD OUR CREATOR FASHIONED EACH OF US BODY, MIND AND SOUL.

TO CARE FOR EVERY PART OF US SHOULD BE OUR LIFE-LONG GOAL.

WITH OUR BUSY, HECTIC SCHEDULES
WE EAT FAST FOOD ON THE RUN
AND DON'T HAVE TIME TO FACTOR IN
EXERCISE AND OUTDOOR FUN.

WHISPER A PRAYER TO JESUS
WHEN YOU CRAVE AN EXTRA SWEET,
AND TAKE ALONG YOUR ROSARY
WHEN YOU'RE JOGGING DOWN THE STREET.

POPE JOHN XXIII, PRAY FOR US!
YOU STRUGGLED WITH YOUR WEIGHT.
UNTIL SOMEDAY WE JOIN YOU
AT HEAVEN'S WELCOMING GATE.

Courtesy of www.CourtReportersMuseum.Info/weight_loss.htm